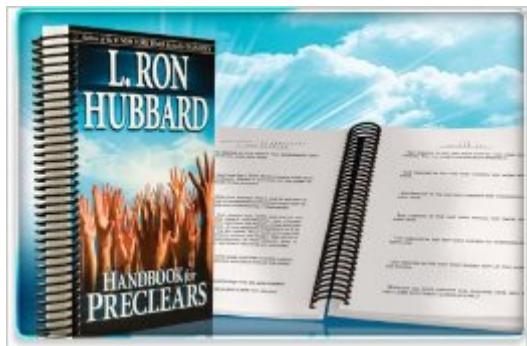


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# Handbook For Preclears



## **Synopsis**

Handbook for Preclears is the legendary self-processing manual that marks the transition from the subject of Dianetics to Scientology. Here are the breakthroughs that revealed the phenomenon of the LIFE CONTINUUM-a mechanism by which every individual takes on the disabilities of the deceased or departed, until they are no longer living their own life. Here, then, are the answers to getting rid of all those parts of "you" that aren't really YOU. Here are the Fifteen Acts of self-processing oriented to the rehabilitation of self-determinism. Moreover, this book contains several essays giving the most expansive description of the Ideal State of Man. Discover why behavior patterns become so solidly fixed; why habits seemingly can't be broken; how decisions long ago have more power over a person than his decisions today; and why a person keeps past negative experiences in the present. It's all clearly laid out on the Chart of Attitudes-a milestone breakthrough that complements the Hubbard Chart of Human Evaluation-plotting the ideal state of being and one's attitudes and reactions to life. In self-processing, "Handbook for Preclears" is used in conjunction with "Self Analysis."

## **Book Information**

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## **Customer Reviews**

Bridge Publications (Scientology's publishing house in the U.S.) publishes beautifully-crafted books. This book goes hand-in-hand with "Self Analysis" workbook and "The Life Continuum" lecture CDs. Both books are for the use of preclears to speed up the process of auditing should they choose to do so. They also stand alone. "The Life Continuum" CDs which are part of this series are rambling discourses by L. Ron Hubbard. They are designed to enlighten auditors and answer questions

about his "discoveries/miracles," which are accompanied with little or no scientific documentation. There is a kernel of truth in Dianetics, but it comes with precious little in the way of what would be considered normal scientific research and validation. There is a high level of jargon, as well as the assumption that you already understand what LH is talking about. The CD transcript helps, as does the wonderful book glossaries.

This book is very helpful but not necessarily a walk in the park to use. It's all about weeding through various things that make life difficult and how you can work your way to a better state of mind. You have to be willing to work for it and if you follow the steps in the book, you get amazing results. If you don't do what it says in the book or only do it half-heartedly, you really don't get much out of it. I give 5 stars because it really does deliver. In using the book, sometimes you have to examine things about yourself that aren't so easy to face. Once you push through those things using the book, it's pretty beneficial.

A book filled with techniques you can use yourself to improve your abilities. It also contains the theory and philosophy behind the techniques. How can you get in better control of your own life? What mechanism in the mind causes people to act with fixed responses or to insist on the rightness of obviously wrong actions? It's all answered here

This book is for those who are in the need of change in their lives. It isn't about money; it isn't about winning friends and influencing people. It is a self-help book for those people who want to change the conditions of their life by viewing their goals and problems and past situations that relate. It gets a person better acquainted with himself. It was written many years ago, but the techniques work IF one reads the book throughally and applies each step. The author is deceased, and the book is not published by the author but by theLRH Library which is run by the Religious Technology Center which is a [type of religion]corporation. There are many references in the book where you can go for further services--however, you might search out alternatives on the Internet, because there are individuals in what is called the "FreeZone" who can deliver services, too. If reading this book makes you want "more" then shop around. In this Handbook for Preclears the dynamic principle of existence, which is "survive" is introduced. It is an important datum, because it is what all things have in common...it is the common demonator of existence. Of course, there are degrees of survival from bare to successful, but the datum gives one a way to look at things. That isn't the only datum that is useful in this book. It isn't a good book for someone who just skims the reading material and

doesn't throughally apply the exercises. That is why I rate it a 4 star instead of 5--...

I am only half way through this book, and already I have read more truth here than I've ever read elsewhere. And believe me, I've read all the self help books. L. Ron Hubbard is a true genius and certainly one of the most important teachers in this history of mankind, period. Get this book, it will change everything.

This book was packed full of practical, useful information about life. It gives a way to look at life in a new and diffrent manner. It is a no nonsense book and hits right to the real stuff of life. I really enjoyed it alot.

I found that this book enabled me to get relief from some problems that burdened me. I would think about the problems a lot but I couldn't get anywhere with solving them. The exercises in this book brought about insights as to where the problems came from and I was was at peace after. I highly recommend the book, and you can do it by yourself!!

I finished reading this book couple of weeks ago, and since then I started the self-help procedure. Like someone said, it is not as easy as drinking a glass of water, but it does really provide a better state of mind. I'm always amazed on how L. Ron Hubbard was able to discover such powerful and workable principles !

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